

Abercrombie & Kent

EAST AFRICA



ACTIVITIES & EXPERIENCES  
TANZANIA



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# Activities - Arusha



When considering a safari most people only think of the game drives involved. However there are a number of unique and different activities available in various areas of Tanzania.

This activity & excursion document will provide you with an overview of what is available in each area listed.

Please contact us for the prices of the activities.



Please note that activities are subject to availability and may be seasonal or specific to individual camps and lodges in each area.



## CANOEING - LAKE DULUTI OR ARUSHA NATIONAL PARK

Glide across the smooth surface of this Crater Lake and take in an array of birdlife seldom seen in the forested crater walls. Departure can be from any time between 6.30 and 15.00. Duration is one and a half hours.

## HORSE RIDING SAFARIS

Your guests will explore Dolly estate on horseback and experience the rich array of wildlife found there. Morning rides take place at 08.00 while the afternoon rides depart at 14.30. Rides take two hours and are set at the pace of the least experienced rider. Advanced riders can book different rides. The safaris can be combined with lunch and/or sundowners.



# Abercrombie & Kent Insider Access Activities - Arusha

## CANINE CONSERVATION PROGRAM

Wildlife trafficking keeps the poaching industry alive - Motivated by a lucrative illegal wildlife trade, poachers target Africa's iconic species like the elephant and rhino through well-funded, highly trained, and increasingly sophisticated criminal syndicates. The poaching of rhinos has increased nearly 3,000 percent since 2007 as growing markets seek out rhino horn for its fabled medicinal properties. Although demand for ivory is sometimes limited by international embargoes, it still reaches consumers through the black market. If poaching does not stop, these species could become extinct within our lifetime. Sniffer dogs to the rescue - The African Wildlife Foundation's Canines for Conservation program combats wildlife trafficking by deploying detection dogs and their handlers to key airports and seaports throughout the continent. The sniffer dogs can detect even the smallest amounts of wildlife contraband, like ivory or rhino horn dust, stopping traffickers before they can export the illegal products. The best-in-breed initiative selects canines based on their friendliness and playfulness - traits that make great sniffer dogs — and pairs them with a ranger from a wildlife agency such as Kenya Wildlife Service. After intensive training on the ins and outs of detecting illegal wildlife products, the teams target high-risk gateways for smuggling. So far, these include strategic airports and seaports in Kenya, Uganda, Tanzania, and Mozambique. Coupled with a streamlined prosecutorial process, each contraband find means that fewer wildlife products reach the market plus more smugglers and poachers are locked out of illegal wildlife trade. Your guests will get to visit the training center for these incredible dogs and see how they are trained and gain a deeper understanding on how they are helping the fight against poaching. All donations go directly back into the program ensuring the survival of the East Africa elephants and rhinos.



## ARUSHA ENTREPRENEURIAL TOUR

Africa's villages, towns and cities as bustling with industry everywhere you look and Tanzania is no different. On a drive through the city of Arusha your guests will see that the streets are lined with all sorts of repair centres, kiosks, furniture builders, metal workers and more. Each of these little shops have been set up by their entrepreneurial owners and your guests will be able to meet the owners and employees during this unique tour of the town.

The first stop is the local fruit and vegetable market where your guests guide will take them through the stalls buzzing with the excitement of market day. From here they will head over to the Matumba market; this is where all the donated or second-hand clothes from the first world are sold in bales to the various men and women who then sell them onto the local Tanzanians. It is a fascinating experience and may even be able to pick up an item or two! The final stop before lunch is to meet a local metal worker in his workshop on the side of the road; they will be able to hear his story on how he decided to open up his shop and see his creations which range from beds to outdoor sofa sets.



# Abercrombie & Kent Philanthropy - Arusha

Many A&K guests experience their journey's most impactful moments during a visit to an Abercrombie & Kent Philanthropy (AKP) partner community. Available on many Tailor Made Journeys, these visits afford a wealth of local interactions and insights your clients won't experience anywhere else. They can even extend the visit with additional activities such as local cycle tours and classroom visits.

Your clients may also opt to donate to an AKP project in advance of their visit. In return, they can see their donation at work during their stay, making for a truly moving way to mark a special occasion or family journey

## ILBORU SCHOOL FOR CHILDREN WITH SPECIAL NEEDS

Your guests can visit the students and staff of Ilboru School for Children with Special Needs which is located in Arusha. During the visit they will learn how the local community has partnered with A&K Philanthropy to provide vocational programs and eReaders for the children, while working to wipe out the negative stigma that is all too often associated with learning and hearing disabilities. After a tour of the school, your clients will join the students for an interactive learning exercise.

### Donate Resources or Equipment to Ilboru School

Your clients can also arrange to donate resources or equipment to the local school in advance of their journey, affording the opportunity to witness the children benefitting from the gift during their visit. (Cost: \$500-\$5,000)



# Activities - Arusha

## BIKING IN ARUSHA

Bike on single-tracks trails through the farming villages on the outskirts of Arusha. Encounter farmers and local communities. Ride up the lower slopes of Mount Meru and enjoy the beautiful scenery. Or choose a full day biking in Arusha National park. Bike round the rim of the crater with stunning views. Spot the colobus monkeys, giraffes, zebras, buffaloes and various bird species.

## KILIMANJARO DAY TRIP TO MARANGU VILLAGE

Guests will visit Marangu village where they will see such attractions such as the Kinuka Mori waterfalls, traditional Chagga huts, and as well as visit a coffee plantation. They will also visit a blacksmith and can see or buy his carvings. If the weather is good, they will be able to spot Mt. Kilimanjaro!

## SHANGA VISIT

Shanga Restaurant in Arusha Coffee Lodge forms the backdrop of an organization that runs a small glass blowing factory where deaf and other disabled people have the opportunity to earn a living making glasses, beads and other beautiful objects. Your guests will have the opportunity to see items being made and meet the proud craftsmen and women who enjoy displaying their skills.



# Activities - Arusha

## SHOPPING & COOKING LESSON

Your guests will head into the market with their guide to buy the groceries for their cooking lesson in the afternoon. They will then be taught how to make some of the traditional Tanzania dishes by the chef. Only available at certain properties.

## QUAD BIKING

Quad bike rides are available departing from the Arusha Coffee Lodge. The local ride leaders will help you experience the stunning views of the countryside, local village life, and nearby coffee farms. Your guests will be provided with all equipment and participate in a safety briefing and orientation before getting comfortable on our practice course and embarking on your ride. Different rides available from one hour to a whole day.

## JIKONI AFRICAN RESTAURANT

Jikoni - meaning 'kitchen' in Swahili - is the authentic African kitchen located at Arusha Coffee Lodge. Sample traditional African cuisine in this open-to-air restaurant. With locally grown produce combined with delicious herbs and spices, your guests palate will be sated as you learn a new, unique and delectable style of cooking.



# Activities - Tarangire National Park



## WALKING SAFARI

The briefing will take place at 06.00 and then your guests will head out towards Gursi swamp, then south to the burnt area and working their way up to sundowner area. From there guests have a choice of shortcut back to lodge for brunch or a little longer route heading west and coming back via the entrance road. Duration will be two to three hours maximum.

Only available at selected camps.

## BALLOON SAFARI

With the only sound being that of the burners heating the air inside the balloon's billowing canopy, all those within the eight man basket will revel in the spectacle of the rising sun across the Tarangire plains. Duration will be 50 minutes. Breakfast will be served thereafter.

Only available at selected camps.





# Abercrombie & Kent Philanthropy - Tarangire

Many A&K guests experience their journey's most impactful moments during a visit to an Abercrombie & Kent Philanthropy (AKP) partner community. Available on many Tailor Made Journeys, these visits afford a wealth of local interactions and insights your clients won't experience anywhere else. They can even extend the visit with additional activities such as local cycle tours and classroom visits.

Your clients may also opt to donate to an AKP project in advance of their visit. In return, they can see their donation at work during their stay, making for a truly moving way to mark a special occasion or family journey

## DUMA WAJANE BIKE SHOP

This project is located in the village called Mwikantsi, on the western border of Tarangire National Park. Here your guests will be able to meet the women who own and operate Duuma Wajane Bike Shop, a local co-operative. Your clients will experience the shop at work as they learn how these inspiring entrepreneurs have partnered with A&K Philanthropy to repair and resell second-hand bicycles as a means to support their families, broaden the community's mobility, and sustain a host of community outreach programs.

### Extend the Visit with a Village Bicycle Tour

Your clients can grab one of the bikes that have been fixed up by the ladies and ride out to explore a local town or meet the children and teachers of a nearby school with the A&K Philanthropy coordinator.

### Donate Bikes to Duuma Wajane Bike Shop

Guests can also arrange to donate a bike in advance of their journey, affording the opportunity to present them to a local school, hospital, or community during their visit. (Cost: From \$300)

### Donate Resources or Equipment to Education on the Edge of Wilderness Program

Your guests can also arrange to donate resources or equipment to the local school in advance of their journey, affording the opportunity to witness the children benefitting from the gift during their visit. (Cost: \$500-\$5,000)

Visiting this project is only possible from certain properties in Tarangire National Park.



# Activities - Lake Manyara



## TREETOP WALKWAY

The 500m (1,500 feet) air walk reaches a height of 18m (54 feet) off the ground, allowing great views of over the lake and unique bird watching opportunities. The walk starts with a short boardwalk and gradually climbs up on to the walkway. Guests will walk over a series of hanging bridges with thick netting on the sides that reach a height of 18m off the ground. Each of the nine hanging bridges end on a viewing deck situated high off the ground around tree trunks. The walk takes about one hour and can be done any time of day.

## RIDE LIKE A LOCAL

Go around the village in a Tuk Tuk. Along the way your guide will explain how the locals grow bananas and the variety of uses they have for them - including making beer which you can taste. Visit a house of one of the Iraqw tribe and see the wood carvers and listen to their amazing stories. Finish off with a delicious local lunch in the middle of the banana plantations.

## NIGHT GAME DRIVES WITH DINNER

All night game drives in Lake Manyara include a bush dinner inside the park, at the Endala picnic site on the lake shores. After the dinner, guests get to experience the park and the wildlife in an entirely different perspective on a night safari. Only available from certain properties.



# Abercrombie & Kent Insider Access Activities - Lake Manyara

## LEARN TO COOK LIKE A TANZANIAN

If your guests love cooking or have always wanted to try their hand at creating some African dishes with a traditional cooking method this Abercrombie & Kent Insider Access activity is just for them. It takes place in the village of Mto wa Mbu located at the bottom of the Great Rift Valley escarpment. They will start the class in the local market where they will also meet their chef – in Tanzanian culture it is the women who do the majority of the cooking and she visits this market every day to make her purchases. Once they have all their ingredients they will then ride like a local in a Tuk Tuk (Rickshaw) which is a common form of transport within the local Tanzanian villages. This little vehicle is a great way to see the village and will take them through the narrow winding roads that cut through the banana plantations to the edge of the village where her house is located. They will be welcomed into her kitchen where she will show them how to prepare the various ingredients then how to cook the dishes on her traditional oven which is made from clay and heated by charcoal. During their cooking lesson they will also be able to talk to her about what village life is like and she will be equally fascinated by your guests life overseas too. Once the dishes are ready your guests and their host will sit down all together and enjoy lunch over which more stories will be shared.



# Activities - Lake Manyara



## ZIPLINE ADVENTURE

Tanzip Zipline Adventure Park is located just outside of Mto wa Mbu village in Tanzania, Africa. It is nestled at the base of the great rift valley wall, offering stunning views of surrounding lakes, wetlands, maasai steppe, and the rift valley. The unique eco- course offers over 1 km of thrilling zipline, with six unique platforms built around majestic baobab trees. Guests enjoy four thrilling jumps, a tree top view point, a suspension bridge, and a tree house refreshment stand! Book the zipline experience alone, or in combination with a cultural village tour, hiking, or biking in the area.



## CANOEING SAFARIS

Canoeing on Lake Manyara gives guests a unique perspective on wildlife and landscape. Gliding along in a canoe allows a silent approach to the animals. You can get very close to giraffes, elephants, buffalo's and other animals grazing on the shoreline. The safari takes approximately two and a half hours. It can be done in the morning or in the afternoon. A guide will accompany the safari. Only available at certain times of the year.

## FOREST HIKE

Guests will hike down the side of the Great Rift Valley through the dense ground water forest. They will encounter birds, monkeys, bush buck and other forest animals along the way as well as streams and waterfalls. Departure can be from any time between 6.30 and 15.00. Duration will be two to three hours and a good to high fitness level is recommended.

## CYCLING DOWN THE RIFT VALLEY

An easy ride down the Great Rift Valley into the farming village of Mto wa Mbu. Your guests will experience a taste of the local culture from the bike as well as riding through some on the Manyara water forest and in between small herds of wildlife on the lake shore. Departure can be from any time between 6.30 and 15.00. Duration will be two to three hours.



# Activities - Ngorongoro Conservation Area



## OLMOTI CRATER WALK

Olmoti Crater is a popular spot for hiking and walking safaris. Accompanied by an armed ranger, guests can spend anywhere between two hours and seven hours wandering the crater floor. Found within the Olmoti Crater are a number of impressive waterfalls, a diverse array of plant-life, animals and birds. The walk takes the morning or afternoon and a good fitness level is required.

## EMPAKAAI CRATER WALK

Guests will have the opportunity to visit a part of the Ngorongoro Conservation area that is rarely seen. The walk through the Crater takes them through forest onto the crater floor which holds Empakaai Lake and at certain times of the year flamingos can be seen. There are also Masaai herdsman that bring their cattle down to drink and the guests are able to interact with them. The walk takes place in the morning and a good fitness level is required.



# Abercrombie & Kent Insider Access Activities - Ngorongoro Conservation Area

## CULTURAL WALKS AND SCENIC SUNDOWNERS

The Ngorongoro Conservation Area that surrounds the Ngorongoro Crater is an area of outstanding natural beauty and one that many visitors are only allowed to drive through. Now, with Abercrombie & Kent's exclusive Insider Access activity, your guests will be able to walk through this magical area after their game drive in the crater and gain a deeper understanding of the people, and wildlife, that call it their home.

The walk will begin at four in the afternoon once your guests have completed their game drive in the caldera. The walk will take them through the Masai villages and they may even get to meet some of the inhabitants. Their guide will enlighten you on the Masai culture and a particular talking point will be how the modern world is affecting their ancient traditions and how this will change their culture and way of life. This is a truly authentic experience and your guests will be able to interact with the Masai as they go about their daily lives. After about an hour and a half they will come across an idyllic 'sundowner' spot which has been set up for them with chairs, side tables and a miniature bar that contains your favourite drinks. Your guests will then be able to sit and admire the beauty around them, sipping on a cold drink, and watch the sun go down before returning to their property for dinner.



## WALKING BETWEEN THE NGORONGORO CRATER AND THE SERENGETI

The second walk that we offer in the area will take your guests from the Ngorongoro Crater down towards the Serengeti National Park. It begins after an early breakfast and they will drive to the start point on the western side of the great caldera. The walk will take them through the Masai villages and they may even get to meet some of the inhabitants. Their guide will enlighten your guests on the Masai culture and a particular talking point will be how the modern world is affecting their ancient traditions and how this will change their culture and way of life. This is a truly authentic experience and you will be able to interact with the Masai as they go about their daily lives. They may also be lucky enough to spot a variety of plains game including zebra and giraffe along the way. The walk will take about an hour and a half and at the end the A&K vehicle and guide will be waiting to collect them and continue onwards to the Serengeti.



# Activities - Ngorongoro Conservation Area



## MASAI VILLAGE VISIT

Guests will meet the Masai village elder who will introduce them to the traditional lifestyle that has been maintained for centuries. The visits usually take place in the afternoon after a picnic lunch in the crater.

## A VISIT TO AN IRAQW ELDER

Visit Mzee Daniel Tewa an elder of the Iraqw (pronounced Irow) tribe in his home on the Ngorongoro Highlands. He will tell your guests about the history of his people in incredible stories in which he takes on the role of hunter, bride, warrior and family member. The visits are about two hours.

## OLDUVAI GORGE WALK

This gorge is one of the most important paleoanthropological sites in the world and has been key to furthering our understanding of human evolution. A tour through the area with a guide will enlighten your guests understanding of our evolution.

## QUAD BIKING

Quad bikes range from two hour rides to all day rides with activities. The route includes riding through local coffee farms, along ridges for terrific views and local sights, past factories schools and other points of interest. All rides are based on the season and road conditions. A drivers licence is required.

## WATERFALL & ELEPHANT CAVE WALK

On this walk guests will head up to a majestic waterfall located in the Ngorongoro Conservation Areas Forest highlands. On the way back they will visit the 'elephant caves'. These are cave like structures that are created by elephants as they dig up the vitamin rich earth. Other creatures can be found there including buffalo, bushbuck, waterbuck and baboons. The walk takes place in the morning and a good fitness level is required.



# Activities - Serengeti National Park



## HADZABE, DATOGA & BLACKSMITH TRIBES

These three tribes in the Lake Eyasi region are rarely visited by guests and provide a unique insight into the past. The Hadzabe are the last real hunter gatherers left in Tanzania and your guests can even accompany them on a hunt through the bush. The Datoga tribe are similar to the Maasai and your guests will be able to interact with their day to day lives. The Blacksmith tribe forage for any metal they can find and then make useful items for the surrounding tribes. Its an early start to the day at 5.30am and they will be with the tribes until the afternoon.

## WALKING SAFARIS

Your guests will be able to experience the vast landscape on foot and be introduced to all the smaller, but no less fascinating, creatures. Walks are between one and two hours but can be longer if required. Only available at certain properties.

## BALLOON SAFARI

With the only sound being that of the burners heating the air inside the balloon's billowing canopy, all those within the man basket will revel in the spectacle of the rising sun across the Serengeti plains. Duration will be 50 minutes. Breakfast will be served thereafter. Only available at selected camps.







## WALKING SAFARIS IN RUAHA & KATAVI NATIONAL PARKS

Your guests will be able to experience the vast landscape on foot and be introduced to all the smaller, but no less fascinating, creatures. Walks are between one and two hours but can be longer if required. Only available at certain properties.

## MAHALE MOUNTAINS: FISHING

Some of the best fresh water fishing in East Africa is found in Lake Tanganyika as the lake reaches depths of up to 200 meters. There are a variety of species that can be caught including perch and yellow belly. There is no time limit or frame for this activity and it is only available at certain properties.

## MAHALE MOUNTAINS: CHIMPANZEE TREKKING

The Mahale Mountains are famous for containing some of the last remaining wild chimpanzees in Africa. The terrain is mostly rugged and hilly, and is dominated by the Mahale Mountains chain that runs from the northwest to the southeast across the park along the edge of Lake Tanganyika. Chimp tracking can take anywhere from half an hour to six hours depending on the chimps location.

## MAHALE MOUNTAINS: KYAKING

Your guests can head out onto the crystal clear waters of the lake in a Kayak and spend the afternoon exploring the shoreline and taking in the wonderful views. There is no time limit or frame for this activity. Only available at certain properties.





## SELOUS & SAADANI: BOATING SAFARI

A boating safari is a wonderful way to see the African landscape and wildlife from a different perspective. Your guests get to experience prides of lions, herds of elephants or a leopard all on their own it is a highly unique experience. This activity is dependent on river levels and the annual rains.



## SELOUS & SAADANI: WALKING SAFARIS

Your guests will be able to experience the vast landscape on foot & be introduced to all the smaller, but no less fascinating, creatures. Walks are between one and two hours but can be longer if required. Only available at certain properties.

## SELOUS: FLY CAMPING

Spend the night out in the African wilderness with just a mosquito net for cover and wake up with the sunrise to a new, beautiful, day. Only available at certain properties.

## SAADANI: SEA SAFARI

Head out into the ocean where your guests will come across a sand island. They can then jump directly into the water for a snorkel whilst the team sets up a beautiful lunch for them on the island. Only available at certain properties & when the tide is right.

# Activities - Zanzibar



## STONE TOWN TOUR

Stone Town is the historical, cultural and architectural capital of Zanzibar Island. A designated UNESCO World Heritage Site, the town is famous for its distinctive architecture most notably its narrow streets that snake between the various houses, buildings and monuments. A tour of Stone offers a fascinating look at the essence of Zanzibar including the colonial monuments, ornately carved and studded doors, two cathedrals and countless mosques.

## SEAWEED CENTER

Gain a unique insight into the lives of women in Zanzibar through the eyes of seaweed farmers from the village of Paje. Get hands-on at the seaweed farms as you learn about the second largest industry in Zanzibar. The women also produce high-quality skin care products using fine raw ingredients sourced in Tanzania. All products are handcrafted, fragranced with pure essential oils and made only from fine African ingredients.





### BUTTERFLY TOUR

The Zanzibar Butterfly Centre is the largest butterfly enclosure in East Africa. Here you can walk among hundreds of free flying butterflies in ZBC's beautiful tropical garden. At any one time, visitors will be able to see many of Zanzibar's exotic butterfly species and witness, close up, every stage of their amazing life-cycle.

### JOZANI FOREST WALK

Nature lovers will enjoy this exploration of the Jozani Forest Reserve. Located 35 kilometres southeast of Stone Town, it is the largest area of mature forest left on Zanzibar. The forest hosts a sizeable population of the rare Red Colobus Monkey, which is endemic to Zanzibar. With a little bit of luck you may see other animals such as Sykes monkeys, bushbabies, Ader's duikers, hyraxes, bush pigs and small bucks. Over 50 species of butterflies and about 40 species of birds are also to be found in this small area. After seeing the forest, take some time to rest or visit the mangroves which are close by and very interesting to see, before returning to the pier.

### DEEP SEA FISHING

Deep sea fishing in the Pemba Channel just north of Zanzibar claims to be some of the best in the world. There are no less than six types of bill fish in the channel and the chances of catching three different types in the season are very good.

### SPICE TOUR

Your guests can head out to one of the little farms on the island where they will be taken around by the farmer and shown how each of the various spices grow and what the plants look like. At the end of the tour they will have the opportunity to buy some of the spices.

### SCENIC FLIGHT OVER ZANZIBAR

The North Tour will fly guests over the north part of Zanzibar Island with all its hotel properties, Mnemba Island and the forest. Starting from Stone Town—west of Zanzibar—they will discover the north coast and all its landmarks, then cut across the island at Chwaka Bay soaring over the lush green forests and spice farms.

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