



Abercrombie & Kent  
EAST AND SOUTHERN AFRICA

ZAMBIA

### Zambia

Land of the legendary African walking safari, home of the Victoria Falls, the wild Zambezi River, breath-taking lakes and wetlands, a profusion of birds, abundant wildlife, and raw, pulsating wilderness all in one friendly country.

Zambia has some of the greatest natural scenery on the continent - a gently undulating plateau of forests, savannah and marshland - studded with lakes. Zambia also boasts world-class wildlife parks such as the Mosi-Oa-Tunya National Park, Lower Zambezi National Park and the South Luangwa National Park. A visit to Zambia will make you will feel like you've been to the true heart of Africa. Victoria Falls, the 'tourist' capital of Zimbabwe or Livingstone in Zambia, affectionately named 'Vic Falls' by anyone who has ever been there it is one of the world's greatest natural wonders.

### Getting into Zambia

Please check with your nearest local embassy or high commission for the most up to date information before travelling. Passport holders are responsible for obtaining the required documentation applicable for entry.

Visitors may be required to obtain a Visa depending on nationality. Please note visas are not available on arrival.

- Nationalities that require a visa: <https://www.zambiaimmigration.gov.zm/for-visitors/>
- Apply for a visa: <https://eservices.zambiaimmigration.gov.zm/#/home>

**KAZA UNIVISA** – Allows multiple entries into Zambia, Zimbabwe and day trips to Botswana and is valid for 30 days. Depending on Nationality, Travellers can obtain a KAZA UNIVISA either prior to arrival or on arrival.

- Nationalities eligible for KAZA UNIVISA: <https://www.zambiaimmigration.gov.zm/kaza-univisa/>.
- Apply for a KAZA UNIVISA: <https://eservices.zambiaimmigration.gov.zm/#/home>

All visitors are required to carry a passport that is valid for six months beyond the intended length of stay. Passports should have at least 3 blank pages next to each other per entry.

### Travelling with children

Regulations aimed at improving the safety of children travelling in and out of Namibia and Botswana have been implemented. All children under the age of 18 will require an unabridged birth certificate together with a valid passport when travelling to or from any of the above-mentioned countries, as well as travellers in transit with a transit visa. The following documents will be required when travelling:

#### Child and both parents

- An unabridged birth certificate (UBC)
- A valid passport for the child

#### Child and one parent

Parent must produce

- An unabridged birth certificate (UBC)
- A valid passport for the child
- A court order (where applicable) / death certificate (of any deceased parent reflected on the UBC) / affidavit confirming the absent parent has given permission for the child to travel.
- Certified copies of both parents' ID / passport.

## Child and guardian

Guardian must produce

- An unabridged birth certificate (UBC)
- A valid passport for the child
- A court order (where applicable) / death certificate (of deceased parent/s reflected on the UBC) / affidavit confirming the parents have given permission for the child to travel.
- Copies of parents / guardian ID / passport.
- Contact details of parents / guardian

## Child unaccompanied

- An unabridged birth certificate
- A valid passport
- A court order (where applicable) / death certificate (of deceased parent/s reflected on the UBC) / affidavit from both parents or legal guardian confirming permission to travel.
- A letter from the person who will receive the child including their full contact details and residential address and a certified copy of their ID / passport.
- Contact details of parents / guardian.

## Keeping Healthy in Zambia

It is important that you check with a qualified health professional for the most current information concerning your travel itinerary and personal health history.

Anti-Malarial precautions are an absolute necessity when visiting the game parks in the region. It is important that you check with a qualified health professional for the most current information concerning your travel itinerary and personal health history.

The sun in the southern hemisphere is extremely strong - do wear an effective sunscreen and hat during the summer. It is advisable to avoid the noonday sun. Recommended SPF is 30.

Throughout Southern Africa it is safe to eat all foods and drink tap water in cities and towns. Purified water in flasks or bottled water is provided at game lodges throughout the region. It is also suggested that you bring a smaller traveller's kit with remedies for minor stomach ailments or motion sickness. You should include an adequate supply (in your hand luggage) of any prescribed medication you may require while traveling.

Travellers with physical disabilities and those who require frequent or on-going medical attention should advise A&K of their health situation at the time of booking (or at the time such a situation occurs should this be after the reservation is made).

We do recommend that you take out comprehensive travel insurance to cover you in the event of a medical emergency.

## Tipping

Tipping is not compulsory. You are travelling on an independent itinerary and the cost of your program does not include gratuities. Tipping is a very personal matter and should only be considered when the staff have gone above and beyond for you. Should you feel you would like to acknowledge their service, please consider the following as a rough guide, per day.

Type of Service	Number of guests travelling					
	1	2	3	4	5	6
Tour Director	15	30	45	60	75	90
Driver / Guide (Half day)	8	16	24	32	40	48
Driver / Guide (Full day)	12	24	36	48	60	72
Hotel Porters	5	10	15	20	25	30
Professional Guide	15	30	45	60	75	90
Ranger	15	30	45	60	75	90

Tracker	8	16	24	32	40	48
Lodge staff	12	24	36	48	60	72

**Please note:** Currency is in USD

*The above tipping guidelines are recommendations only and are not compulsory. Please use your own discretion in tipping, based on quality of service.*

### Restaurants

It is customary to add 10% to the bill in restaurants, if the service has been satisfactory.

### Taxis

Taxi drivers do not expect to be tipped but they appreciate the fare being rounded up.

### Porterage

If you are being transferred by an Abercrombie & Kent representative from the airport to a hotel, then porterage and tipping of porters is already included. Porterage and tipping of porters for transfers from one hotel to another is as above.

### Blue Train and Rovos Rail

Tip at the end of your journey USD 15 per person per day. These gratuities may be placed in a central box or an envelope, which will be provided.

### Talk the talk

English	Nyanja
Welcome	Tikulandirani
Hello	Muli bwanji
How are you?	Muli bwanji
I'm fine, and you?	Tili bwino...kaya imwe?
Good morning	Mwa uka bwanji
Good afternoon/evening	Mwa nkala bwanji
Good night	Mugone bwino
Goodbye	Cha bwino
Good luck	Tikufunirani mafuno abwino
How much is this?	Ni zingati?
Please	Napapata
Thank you	Zikoma

### Weather

#### Summer

September – May

#### Winter

June – August

Zambia's elevation on a plateau gives it a moderate to tropical climate. There are three seasons; cool and dry from May to August, hot and dry from September to October and warm and wet from November to April. Averages temperatures range from 23°C (73°F) in winter to 35°C (95°F) in summer, when conditions can be humid. In the river valleys of the Zambezi and Luangwa it becomes very hot in the month of October. In winter months, particularly in Livingstone, temperatures in the evenings and early mornings can be very cold with temperatures dropping to freezing on occasion.

### What to Pack

Casual, comfortable wash and wear clothing is most useful. All hotels offer extremely quick laundry turnaround, usually within a couple of hours. It is certainly not necessary to bring a separate

change of clothing for each day and evening, and it is recommended that you keep luggage to a minimum for your own comfort and ease of transport, especially if you are using light aircraft transfers.

- Blouses with long sleeves (even in summer, they will protect you from the sun and the mosquitos)
- Cotton t-shirts and tops
- Shorts for the day. Jeans or chinos for evenings and cooler days
- Fleece, sweater or warm jacket for game drives
- Comfortable walking shoes (hiking boots are not necessary)
- Sun block, sunglasses and hat
- Camera, binoculars
- Swimwear
- A small alarm clock

Layers are most practical for the fluctuating day/night temperatures of Zambia. It is advisable that your clothing be as neutral as possible in the bush (beige and khaki is ideal). If you wear prescription glasses or contact lenses, we recommend that you bring an extra pair of glasses or a copy of the prescription.

Please note that all luxury hotels and most game lodges offer a same-day laundry service (some at additional cost). This is a good reason not to pack too many clothes!

**Please take note of the below baggage restrictions at OR Tambo International Airport**

- Only regular-shaped bags will be allowed to be checked in. This means that the bags must have at least one flat surface to be accepted
- Round or irregular-shaped bags will not be allowed
- Bags with long straps will not be allowed

Passengers who try to check in bags that don't conform to these rules will have the option of having their baggage wrapped with one flat side at airport-approved baggage wrapping stations.

**Religion & Etiquette**

Zambia is officially a Christian nation according to the 1996 constitution, but a wide variety of religious traditions exist.

**Money**

**Currency**

Zambia's unit of currency is the Zambian kwacha, which is divided into 100 ngwee. Notes are issued in denominations of K50,000, K 20,000, K10,000; 5,000; 1,000; 500; 200; 100 and 50. Please note that once in Zambia all payments will be made in Zambian Kwacha including any debit orders or credit card payments which will then be debited from your account at the bank's rate of the day. ATM machines and banks are available at all domestic airports.

**Banking hours**

Monday to Friday 08h15 – 14h30

**Credit cards**

All major credit cards are accepted at the bigger hotels and shops. However, note that certain lodges do not accept payment by Diners or American Express.

**Time Zone**

GMT + Two (2) hours

## Shopping

Local crafts, including wooden and soapstone carvings can be purchased from markets and at roadside stalls along major tourist routes. Traditional instruments including drums, whistles and thumb pianos can be purchased, which make interesting souvenirs.

As a courtesy to our clients, our office will, if requested, help refer you to a shop that carries the merchandise you are looking for. This is not intended as A&K's endorsement of the shop nor responsibility for merchandise (or shipping arrangements) purchased from the shop.

## Local Food & Drink

The staple food of the people of Zambia is *nshima*. It is prepared by grounding and boiling maize and corn to make a thick paste, which is then consumed with vegetable, fish and other meat products.

### We recommend you try

*Ifisashi* is a popular dish of Zambia, which is prepared with peanuts cooked in green vegetables. Meat is often added to this dish, which is served with *Nshima*. This preparation is an integral part of Zambia Food.

*Samp* is a traditional dish of Zambia, which is cooked with hominy and dried beans.

Kibbutz Salad: It is a mixed vegetable salad, which is dished out with *nshima*.

*Chinaka*: A special dish prepared with tuber cooked in peanut powder and other spices.

Caterpillar Delight: This recipe consisted of boiled caterpillar served in a bed of green vegetables.

*Chibuku* is a locally brewed beverage favoured by the local people of Zambia. Popular drinks of Zambia includes commercially brewed beers like Castle lager, Rhino and Mosi.